```
California Code Of Regulations
|->
Title 22@ Social Security
|->
Division 2@ Department of Social Services-Department of Health Services
|->
Part 2@ Health and Welfare Agency-Department of Health Services Regulations
|->
Subdivision 6@ Preventive Medical Services
|->
Chapter 6@ California Special Supplemental Food Program for Women, Infants and Children
|->
Article 1@ Definitions
|->
Section 40601@ Adequate Notice
```

Adequate notice means written notice of the adverse action, the reasons for it, the effective date and the procedure for requesting an appeal. Such notice shall be mailed no less than fifteen (15) days in advance of the effective date of the adverse action.